

IGBO DELIGHT

(Beer Sidekick Bliss!)

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Abacha na Ugba

Shredded cassava & ugba umami bomb!

3L = 40k

Isi Ewu

Goat head pepper fire!

2L = 20k

Piom-Piom

Spicy, sizzling sensation!

3L = 60k

Ukhodu: Mother of All Pepper Soups

Goat meat, yam, fresh herbs & authentic Delta spices—brings life to every bite!

3L = 55k
5L = 90k

Ukhodu Catfish Twist

Catfish, yam & plantain—fiery, fresh & unbeatable!

3L = 45k
5L = 75k

Urhobo Egusi Pepper Soup

Goat meat, goat offals, dried fish, periwinkles & shrimp—bold, rich, legendary!

3L = 90k
5L = 130k

Efik Epankwokwo

Calabar's celebratory heart—every event's star (Akwa Ibom tray magic)!

3L = 90k
5L = 120k

PAYMENT DETAILS

0104955973

Tastebudz Eastern N Riverine Cuisine Nig
Access Bank PLC.



SOUP BOWLS

Loaded with Beef, Pomo, Shaki, Dried Fish & Stockfish

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EASTERN & RIVERINE CUISINE

www.tatebudzng.com

info@tatebudzng.com

	2.4L	3L	5L
Goat Meat Peppersoup Fiery, tender heat blast!	39.5k	51k	75k
Egusi Soup Seedy, nutty Nigerian classic!	43k	55k	80k
Ogbono Soup Draw-you-in, silky delight!t blast!	45k	58k	82k
Oha Soup Leafy, aromatic Igbo treasure!	45k	58k	82k
Edikangkong Veggie-packed Calabar powerhouse!	45k	60k	85k
Afang Soup Peppery greens explosion!	45k	60k	85k
Bitterleaf Soup Bitter-sweet soul warmer!	45k	58k	85k
Efo Riro Spinach stew sizzle!	45k	58k	85k
Banga Soup Palm nut paradise!	48k	60k	90k
Ofe Nsala (White Soup) Goat, assorted & dried fish purity!	50k	70k	100k
Ofe Owerri Imo State's spicy secret!	50k	60k	90k
Atama Soup Citrusy Calabar stunner!	45k	60k	85k

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	2.4L	3L	5L
Assorted meat Okro Soup Slippery, fresh draw!	43k	55k	80k
Seafood Okro Soup Snapper/Baracuda, shrimps, prawns, crabs, snails & periwinkles!	-	80k	110k
Black Soup Fresh fish, assorted meat & dried fish depth!	-	70k	100k
Gbegiri Creamy bean bliss, smoky perfection—swallow's best friend!	27k	39k	58k
Ewedu Silky jute magic, draws you in— party essential!	20k	30k	45k



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STEW & SAUCES

Savor the Heat!

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	2.4L	3L	5L
Assorted Meat Stew Meaty explosion in every bite!	45k	60k	85k
Beef Stew Rich, beefy perfection!	45k	58k	85k
Ofada Sauce Rustic Nigerian royalty!	45k	60k	85k
Ayamase Sauce (Green Ofada) Ayamase Sauce (Green Ofada)	45k	60k	85k
Atadindin Sweet-spicy delight!	45k	60k	85k
Agoyin Sauce Bean lover's bold twist!	45k	55k	80k
Turkey Stew Juicy turkey triumph!	50k	65k	90k
Chicken Stew Classic comfort kick!	45k	60k	85k
Fresh Croaker Fish Stew Juicy freshwater croaker in bold, spicy stew — a must-try!	50k	73k	115k
Fried Hake Fish Stew Crispy fish frenzy	45k (4pcs)	60k (6pcs)	90k (10pcs)
Goatmeat Stew Wild, game-changing goat!	48k	65k	90k (15pcs)
Fried Croaker Fish Stew Golden, flaky bliss!	48k (5pcs)	65k (8pcs)	85k (10-12pcs)
Fresh Tilapia Fish Stew Straight-from-the-water fresh	50k (4pcs)	65k (6pcs)	90k (10pcs)
Snails Sauce (Alata) Chewy, saucy indulgence!	85k (20pcs medium)	110k (20pcs Big)	150k (20pcs Jumbo)

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RICE MENU

Paired with 4pcs Fried Peppered Beef!h

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	2.4L	3L	5L
Smoky Jollof (Basmati or Nigerian grain) Smoke-kissed party starter!	32k	42k	52k
TBZ Signature Meaty Veggie Fried Rice Loaded flavor bomb!	42k	52k	65k
Asun Rice Spicy roasted meat madness!	50k	65k	90k
TBZ Award-Winning Native Rice Heritage on a plate!	45k	55k	68k

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PROTEIN POWER MENU

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Savour the bold bite of Nigeria's finest proteins!

Crispy Fried Peppered Croaker (10pcs)

Ocean-fresh perfection

55k

Flaky Fried Peppered Hake (10pcs)

Fiery delight

50k

Golden Fried Peppered Turkey Wings (10pcs)

Crunchy-spicy wings on fire

50k

Smokey Grilled Turkey Wings (10pcs)

Juicy, BBQ-smoked heaven

50k

Spicy Grilled Chicken Quarters (10pcs)

Charred, succulent spice bomb

49k

Sizzling Fried Peppered Goat Meat (10pcs)

Tender, aromatic Naija classic

50k

Savory Fried Peppered Beef (10pcs)

Meaty, pepper-pop explosion

35k

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BBQ FEAST EXTRAVAGANZA

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Epic platters for your ultimate feast—group-sized, flavor-packed!



**Luxury Tender Spicy Lamb Chops (10pcs) +
Smashed Butter Potatoes + 2 TBZ Sauces**

Melt-in-mouth magic

80k

Butter Honey Corn on the Cob (15 mini)

Sweet, sticky summer vibes

20k

**Crispy Fried Chicken Drumsticks (10pcs) +
2 Peri-Peri Sauces + Chips/Yam/Fries**

Irresistible crunch fest

53k

**Spicy Grilled Jumbo Prawns (10pcs) +
Crispy Calamari Rings + 2 Sauces**

Seafood royalty

131k

Medium American Coleslaw Tray Creamy

Crunchy sidekick

20k

Medium Greek Salad w/ Feta

Fresh, tangy Mediterranean twist

35k

Medium Puff Puff Tray

Fluffy, sweet doughnut clouds

10k



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EPIC GRAZING BOARD

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Luxe, Shareable Feasts Delivered Fresh to Your Door –
Infused with African Soul for Unforgettable Parties

Signature 10 x 20 Board

————— N120,000

A flavour-packed masterpiece of cured meats, creamy cheeses, olives, nuts, fresh fruits, and warm breads. Drizzled with honey & herbs. Serves 8-10 ravenous guests—perfect for intimate gatherings that steal the show!

5ft x 2ft African Fusion Party Beast

————— N280,000

The ultimate showstopper! Towering tiers of global charcuterie meets Naija magic—suya-spiced meats, plantain chips, jollof-inspired dips, chin chin clusters, exotic fruits, cheeses, and vibrant veg. Party-sized for 40-50 legends—turn any event into a legendary feast!

Grand 14 x 30 Board

————— N750,000

Level up with double the decadence: prosciutto, brie, gourmet dips, seasonal fruits, artisanal crackers, and charcuterie heaven. Feeds 18-20 party pros—your crowd will rave for days

Pro Tip: Pair with our TBZ signature chilled Mocktail /fruit punch drinks for max wow.

📍 Swift delivery across Lagos.

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EVENT CATERING THAT WOWS!

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Chat us for custom quotes & menus blending global flavors:

- Nigerian Cuisine
- Italian Cuisine
- Middle Eastern Cuisine
- Jamaican Cuisine
- European Cuisine
- French Cuisine
- American Cuisine
- Mexican Cuisine
- Chinese Cuisine

STAFF CANTEEN CONTRACTS

We team up with HR for 2-week rotating menus. Well-fed team = happy, productive vibes!

TEA/COFFEE BREAKS & WORKSHOPS

Fresh daily pastries, cakes & sandwiches—baked in-house, delivered hot. (Grab our snack menu!)

DAILY LUNCH PACKS

Tailored meals to fit your budget & diets. Chat now!

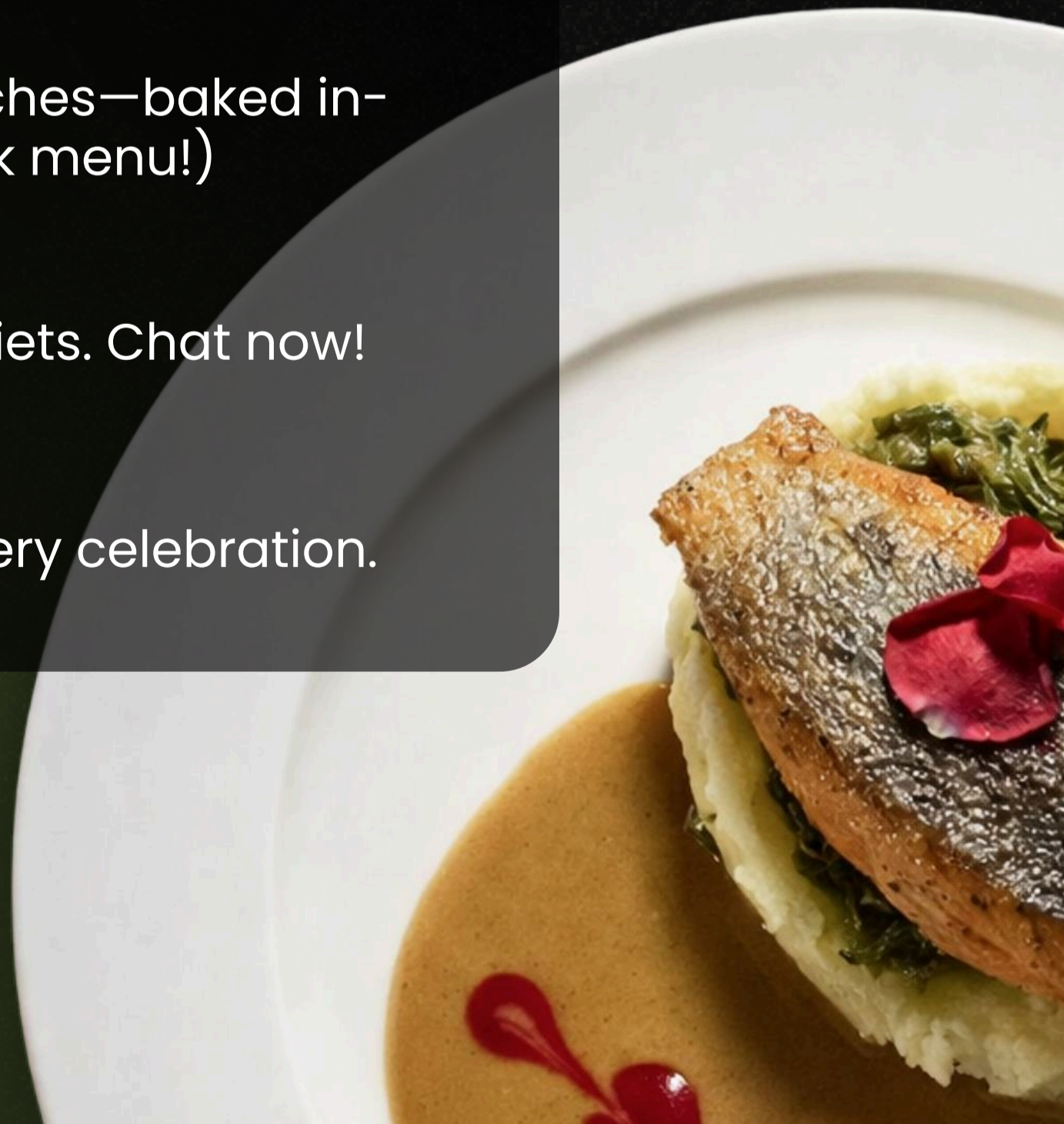
STAFF BIRTHDAY MAGIC

Fresh cakes & treats delivered for every celebration. (See our price list!)

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TBZ MEAL DELIVERY: RULES & REGULATIONS

ORDERING PROCESS

- Orders must be placed via [specify channels: (WhatsApp or email only at least 24 hours in advance (72 hours for Sundays/events)).
- Confirm availability, customize (e.g., sizes, proteins), and receive a quote before payment.
- All prices are in Naira (₦) and exclude delivery fees (calculated by location in Lagos)

2. PAYMENT TERMS

- Full payment upfront via bank transfers only.
- No refunds once payment is made – payments are final and non-transferable.
- We issue a confirmation message or a digital receipt upon confirmation via WhatsApp or email.

3. DELIVERY & PICKUP

- Deliveries Mon-Sat (Sundays for events only). Standard window: 10 AM – 6 PM.
- Provide exact address/phone for delivery; delays due to incorrect info are not our responsibility.
- Dispatch riders wait max 10 minutes at your spot. Extra time? Extra charges apply – let's keep the vibes fast & fresh!

Extra Wait Fees:

- ₦3,000 per extra 10 minutes.
- After 20 minutes total, riders return your meal to the kitchen. No exceptions!
- Freshly prepared meals are packed hot & ready – enjoy within 2 hours for best taste!

4. CANCELLATIONS & CHANGES

- Cancellations are not allowed once payment has been made as ingredients are procured fresh. But changes to orders can sometimes be made, if possible and if there is enough time for it.
- We reserve the right to adjust orders due to ingredient shortages (with notice).

5. QUALITY & ALLERGIES

- Meals use fresh, high-quality ingredients – but we can't guarantee 100% allergy-free (nuts, seafood, etc.). Order at your own risk; disclose allergies upfront.
- Complaints? Contact us at the point of delivery or pickup with photos or videos

6. LIABILITY DISCLAIMER

- TBZ is not liable for food-related issues from improper storage, allergies, or medical conditions.
- Force majeure (weather, strikes, shortages) may delay/cancel orders.
- By ordering, you agree to these terms. Disputes governed by Nigerian law.

**Questions? Hit us up before ordering – we're here to
make your meals epic!**

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